

FITNESS PRODUCTS OF THE WEEK

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Pedalite Pedal Lights £34.99: Pedalite is a non battery-dependent bicycle pedal light. Flashing LEDs in each pedal provide 360 degree conspicuity as the LEDs flash white to the front, red to the rear and amber to the sides. The Pedalite works by converting rotational energy to electrical energy and the in-built capacitor stores energy so LEDs will remain flashing for up to 5 minutes after you stop cycling, www.ecoutlet.co.uk.